



NEWSLETTER

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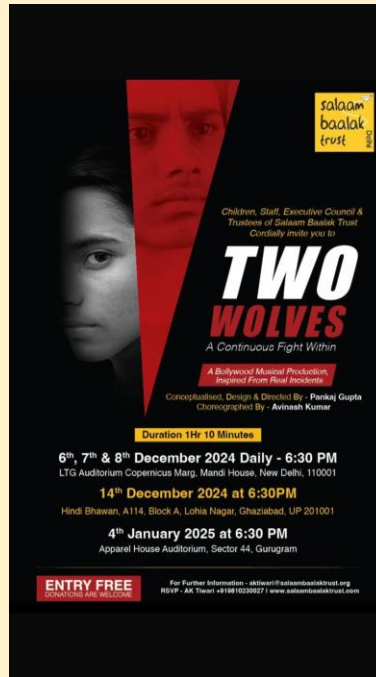
OCTOBER-DECEMBER'24

A Happy Moment for Us: Salaam Baalak Trust Recognized amongst the Top 10 NGOs of 2024



We are thrilled to announce that Salaam Baalak Trust was named amongst the **Top 10 NGOs of 2024** by **Brand Honchos**! This recognition is a reflection of the passion, dedication, and love that our team, supporters, and the children we serve bring to our mission every day!

"Two Wolves - A Continuous Fight Within"



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Building on the legacy of Mira Nair's *Salaam Bombay*, Salaam Baalak Trust (SBT) began in the 1980s. Over the years, starting with *Jivan Ki Gaadi* in 1990 - theatre has been a therapeutic tool for street children and has continued to empower young voices through annual performances.

This year's play, *Two Wolves*, was the gripping story of Ajju and Sunny, two young boys battling inner demons. Ajju, 17, is ensnared in crime, while 14-year-old Sunny seeks revenge, both are unaware of the consequences that their actions could lead to. The play explores themes of parental neglect, societal responsibility, and redemption, reflecting the challenges faced by many of the children who come to us.

Two Wolves is a powerful reminder of the need for guidance and support in shaping brighter futures for vulnerable children.

CELEBRATION

Gandhi Jayanti: Fostering Cleanliness and Creativity



On the occasion of Gandhi Jayanti – the birth anniversary of the father of our nation, the children participated in activities focussing on cleanliness and hygiene, as one of the Mahatma’s popular missives was – Cleanliness is next to Godliness. The children took part in an essay competition, where they expressed their thoughts on Mahatma Gandhi and the importance of cleanliness. They also created posters reflecting the great leader’s teachings on sanitation and made models of the traditional spinning wheel (Charkha), honouring his legacy in a creative way.

Dussehra : Children Bring Ravan to Life



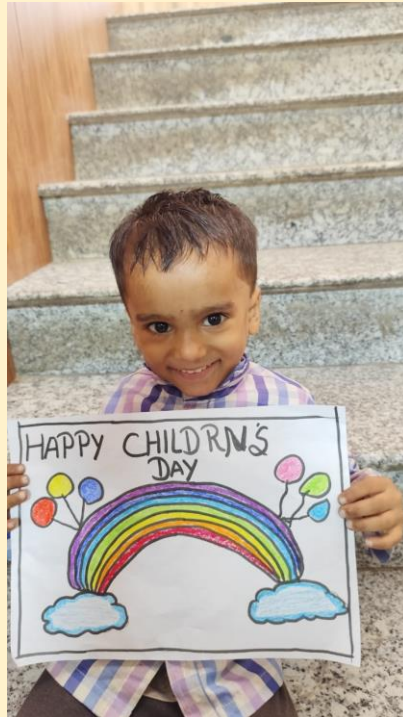
To celebrate Dussehra, emblematic of Good prevailing over Evil - the children crafted their own Ravan effigies as part of the festivities. It was a vibrant and creative celebration, where they not only enjoyed the process of making the effigies but also learned about the significance of the festival. The celebration was a fun-filled way for the children to connect with cultural traditions while embracing teamwork and creativity.

Diwali Celebration at SBT: A Festival of Joy and Togetherness



Diwali was celebrated with great enthusiasm across all Salaam Baalak Trust Centers. The children and staff came together to mark the occasion, sharing the joy of the festival. Sweets were distributed, lamps and fairy lights were lit in all the centers, spreading happiness and fostering a sense of community filled with light, love, and the spirit of togetherness.

Children's Day: A Day of Joy and Laughter



14th November the birth Anniversary of our first Prime Minister Jawharlal Nehru is celebrated as Children's Day every year. This year too it was celebrated with great excitement across all Salaam Baalak Trust centres. The day was filled with fun activities, games, and special treats, honouring the spirit and joy of childhood. It was a memorable occasion where the children were celebrated and given special meals , fostering a sense of happiness and belonging within the SBT community.

Santa Arrived Early: A Heartwarming Christmas Celebration at Aasra



This Christmas, our 'Santa' made an early appearance at Aasra, bringing joy and cheer to the children! The donor WHO WERE THE DONORS? visit made the day even more special, as gifts and festive treats were shared with everyone. It was a heartwarming celebration filled with laughter, love, and the true spirit of giving. The children felt truly special, surrounded by kindness and the magic of the season.

Here's to 36 years of changing lives and building brighter futures!



Salaam Baalak Trust proudly celebrated its **36th Foundation Day!** It was a momentous occasion to reflect on the incredible journey of providing care, support, and opportunities to vulnerable children. The day was filled with gratitude, joy, and a renewed commitment to continue making a difference in the lives of those we serve.

World Mental Health Day: A Day of Reflection and Awareness



Mental Health is important for all children, especially the ones who come to SBT with so much trauma or baggage. We have a strong team of 11 counsellors. On **World Mental Health Day**, the staff and children of Aarushi came together to discuss the importance of mental well-being. The focus of the day was on prioritizing mental health, both at work and in everyday life, emphasizing the significance of caring for our emotional needs and articulating them. Engaging activities and open group discussions allowed participants to share their personal experiences, which brought about a sense of support and understanding. The day was a powerful reminder of the value of openness, compassion, and mental health awareness, leaving everyone feeling inspired and connected.

HOW CAN YOU HELP US?

By Volunteering With Us

<https://www.salaambaalaktrust.com/volunteers.php>

S.No	Services	Frequency of sessions	Charges per Session per child	Monthly charges per child
1	Speech Therapy	One in a week	INR 700/8.33USD/6.34GBP	INR. 2800/33.32USD/25.39GBP
2	Psychiatric Consultation	Once in a month	INR. 700/8.33USD/6.34GBP	INR. 700/8.33USD/6.34GBP
3	Therapy Session (OT, Developmental, Psychotherapy etc)	Once in a week	INR. 1000/11.90USD/9.07GBP	INR. 4000/47.60USD/36.28GBP
4	Physiotherapy Sessions	Once in a week	INR. 300/3.57USD/2.72GBP	INR. 1200/14.28USD/10.88GBP
5	Special or inclusive School setup	Regular	INR. 117/1.39USD/1.061GBP	INR. 3500/41.65USD/31.74GBP
6	Medical Expenses (Medication)			INR. 1000/11.90USD/9.07GBP
Total cost for all services per child/Monthly				INR. 13200/157.09USD/119.73GBP

Donate

<https://www.salaambaalaktrust.com/donations.php>

COMPETITION

Quiz Competition at DMRC: Celebrating Culture and Sports



The children had great fun participating in a quiz competition at DMRC on the theme *From Farm to Fashion and Sports – Regional Foods, Traditional Wear, and Sports*. The event was an innovative and educational way to explore the rich cultural heritage of regional foods, traditional clothing, and sports.

DMRC Children Home for Boys got the 1st prize, **Aasra** the 2nd prize, and **Raghuveer Nagar** took the 3rd prize! It was a day filled with excitement, learning and teamwork, emphasizing the importance of preserving and honouring our cultural heritage.

Badminton Tourney: A Tournament of Teamwork and Healthy Competition



The **Badminton Tournament** began with an animated inauguration by our EC members. Both, the children and staff actively participated. This event aims to foster teamwork, encourage physical activity, and promote healthy competition. We look forward to the spirit of camaraderie and sportsmanship that will unfold as the competition progresses.

Waste to Best" Art and Craft Exhibition at DMRC



The theme of the exhibition, "**Waste to Best,**" encouraged the children to transform waste materials into beautiful, innovative items. A panel of five judges, consisting of coordinators from various departments, evaluated the work of the participants. The prizes were awarded to the winners by our senior Executive Council member – AK Tiwari. The children were resourceful and imaginative as they let their creativity shine.

Aavishkar Workshop



A workshop focused on **Experiential Maths and Science** in Palampur, helped 15 of Our Teachers press the reset button. Subjects often hard to teach and make interesting for kids came alive in new ways. The workshop provided hands-on learning experiences and innovative teaching methods, empowering our teachers with new tools and techniques to enhance their classroom practices.

VISIT

SBT Kids Visit the Swiss Embassy for Swiss Art Night



Our children had an exciting and memorable visit to the **Swiss Embassy** for the **Swiss Art Night**, where they enjoyed a fun-filled evening immersed in art and culture. The highlight of the visit was when the **Citywalk guides** proudly presented the Salaam Baalak Trust (SBT) book to the ambassador, sharing the incredible work we do. It was an inspiring experience for the children, and they were thrilled to be part of such a special event!

WORKSHOPS/TRAINING

Artreach Workshop: Enhancing Learning Through Play



Our teachers recently attended the "**Artreach - Bachpan Ke Khel**" workshop, which focused on the play way method of enhancing children's learning and development. The workshop provided insights into how play can be used as a tool for education. A special thanks to **Priyanka** for connecting us with **Artreach** and making this enriching experience possible. It was a wonderful opportunity to learn and grow together!

"Empowering Digital Literacy: Part 2 of the Basic Computer and MS Word Workshop"



The second part of the **Basic Computer and MS Word Workshop** focused on **enhancing practical digital skills** and designed to offer hands-on experience. It allowed participants to refine their computer skills and become more proficient in MS Word. By engaging in practical exercises, attendees learned essential functions like document formatting, text editing, and using various features of MS Word to improve productivity. The workshop aimed to increase digital literacy and build confidence in utilizing technology, equipping participants with valuable skills to navigate the digital world more effectively and be better prepared for the future.

Success Story: Jyoti's Journey to Recovery



Jyoti, a dedicated student at Kishalaya Center, was grappling with a serious issue affecting the pupils of her eyes, which hindered her vision. Thanks to the timely intervention and support from our network, she received free treatment at Shroff Hospital. After undergoing a successful surgery, Jyoti made a full recovery and can now continue her studies without any hindrances. We are incredibly proud of Jyoti's strength and determination as she moves forward with renewed confidence in her academic pursuits.

Staff Story: Celebrating Mishra Ji's 25 Years of Dedication at Salaam Baalak Trust



PN MISHRA – Known all across the trust as Mishra Ji has been a cornerstone of Salaam Baalak Trust for an extraordinary 25 years, contributing immensely to our mission and the lives of countless children. He began his journey with us as a Social Worker at the Nabi Kareem Center in 1997 DELHI, where his passion for helping others shone brightly. Later, he moved to the Drop-in Center, continuing to make a lasting impact on our work.

In 2008, Mishra Ji's expertise in data management led him to serve as an Executive Council member. His deep knowledge and kind-hearted nature made him an invaluable asset to our team. Through the years, he became not only a data specialist but a mentor and a guide to many. After a remarkable journey filled with dedication, compassion, and tireless commitment to our cause, Mishra Ji retired last September. His legacy continues to inspire and motivate us all, reminding us of the powerful difference one person can make. We are grateful for his years of service and wish him all the best in his next chapter.

HURRY UP AND BOOK YOUR SLOT

Our Citywalk and Old Delhi food walk is fascinating and a new experience for all those who book it, Don't miss your turn!

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